



Limestone College Men's Lacrosse has prided itself on the ability to develop young men into individual leaders. Those leadership skills have been forged through hard work, dedication, and discipline. Those principles allow young men to flourish on the field, in the classroom, and in their own daily lives.

Coach Clarke and the rest of the Limestone College Men's Lacrosse Staff would like to invite you to a free Coaches Clinic, hosted by Guest speaker and presented by the Limestone College Men's Lacrosse Staff on Saturday, Feb. 11<sup>th</sup> at 12 PM. Followed by our season opening home contest versus Rollins College on Sunday, Feb 12<sup>th</sup> at 12 PM. The clinic will focus on developing drills to improve your offense/defense transitional situations, and creating the desired championship mentality within your program.

In addition to your participation of the weekend's events, we invite you to enjoy the accommodations of The Hampton Inn Suites in Gaffney, SC has to offer. We have arranged very affordable rates to offer all coaches attending these events.

We hope you'll see the benefit of the networking opportunities along with educational development this clinic has to offer your program. If you're interested in attending or have any questions in regards to the clinic, please contact Coach Stewart or Coach Storrier.

## **LIMESTONE COLLEGE MEN'S LACROSSE KICKOFF COACHES CLINIC**

### **February 11<sup>th</sup>:**

12:00 PM- Coaches Luncheon in Stevenson Dining Hall

12:30 PM- Presentation by Guest Speaker in Stevenson Dining Hall

01:00 PM- Power Point Presentation by Coach Clarke on Transitional Offense and Defense

02:00 PM- Coaches Shadow a Limestone College Men's Lacrosse practice

**February 12<sup>th</sup>:** Rollins @ Limestone College 12:00 PM

### **CONTACTS**

**Coach Brian Stewart, Defensive Coordinator, Assistant Men's Lacrosse**

Office: 864-487-7151 ext 8230, Cell: 864-761-7400, [bstewart@limestone.edu](mailto:bstewart@limestone.edu)

**Coach Brendan Storrier, Offensive Coordinator, Assistant Men's Lacrosse**

Office: 864-487-7151 ext 4569, Cell: 864-761-7401, [bstorrier@limestone.edu](mailto:bstorrier@limestone.edu)